



Join Us in Good Health.

Dear Employees of Brick Schools,

We are excited to announce the launch of the Brick Schools Wellness Contest. We care about your health and wellbeing, and encourage you to participate in the new Brick Schools Wellness Contest managed by your very own Partnership Health Center Brick (PHCBR). We hope that this contest will be the first of many.

This **Incentive-Based Employee Wellness Contest** is <u>for ALL employees</u> and will be team-based (teams are listed below). This contest will be a race to complete Biometric Screenings.

 If you already completed one since January 1, 2023 you may utilize that towards the contest. If you have not yet completed one you may do so with your current health care provider OR at your PHCBR <u>even if you are not eligible to utilize the PHCBR based on your</u> <u>medical/prescription</u> coverage status – just call 732-771-2222 to schedule! Utilizing the PHCBR for the Biometric Screenings is FREE for all employees!

PLEASE NOTE: Your biometric screening information will not be shared with your employer. Patient health information confidentiality rules (HIPAA) apply to all information received by Partnership Health Center.

- If utilizing your own healthcare provider, have the provider complete the attached Brick Schools Wellness Program Contest Screening Results/Attestation Form and send via SECURE fax to 732-771-2223. You can also submit to the PHCBR by dropping it off at the center located at 250 Chambers Bridge Rd, Brick, NJ. Contact your PHCBR at 732-771-2212 or email BrickWellness@partnershiphealthcenters.com for alternative submission options.
 - ➢ IMPORTANT NOTES:
 - The team with the highest percentage completed by October 31, 2023 or the team to get to **100%** first prior to that date will be the winning team.
 - Participants of the winning team will receive cool Brick Schools swag to highlight their efforts in **Employee Wellness!**
 - If it is medically inadvisable or not plausible for you to meet the above requirements, contact your PHCBR to discuss alternative options.

Wellness Teams

- Team 1 Brick Memorial High School
- Team 2 Brick Township High School
- Team 3 Central/Business Office, Technology, Facilities, B.E.S.T.
- Team 4 Emma Havens Young Elementary
- Team 5 Lake Riviera Middle School
- Team 6 Lanes Mill Elementary School, Midstreams Elementary School
- Team 7 Drum Point Elementary School, Osbornville Elementary School
- Team 8 Transportation
- > Team 9 Veterans Memorial Elementary School
- > Team 10 Veterans Memorial Middle School
- > Team 11 Warren H. Wolf , Herbertsville PreSchool

We are committed to helping you achieve your best self. Contact your PHCBR today and Join Us in Good Health.